



**CROSSWINDS**  
YOUTH SERVICES, INC.

# Crosswinds Youth Services

2011 Year-End Report

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## Crosswinds Youth Services, Inc.

1407 Dixon Boulevard

Cocoa, FL 32922

(321) 452-0800

Jan Lokay, President/CEO

[www.crosswindsyouthservices.org](http://www.crosswindsyouthservices.org)



CREDIBILITY • INTEGRITY • ACHIEVEMENT

Accredited by the Council on Accreditation (COA)



Our Mission

# Our Mission

Crosswinds Youth Services  
creates opportunities for  
young people to succeed.

Crosswinds began in the 1970's with a group of concerned community leaders who came together to discuss how Brevard County, Florida could respond to the increasing number of runaway and homeless youth in the community. The tragic results of not helping these young people had become apparent when several graves were unearthed in the county. These graves contained the bodies of children who had run away from home and had been murdered.

The initial group of community leaders responding to this terrible tragedy included judges, a county commissioner, and Dr. Robert Lehton, a psychologist, who brought to the table his experience counseling runaway youth and establishing the first youth shelter in Louisiana. Dr.

Lehton is a Past Chair of Crosswinds' Board of Directors, and the long-standing volunteer for whom Crosswinds' shelter facility is now named.

Out of the efforts of this caring group of volunteers, the organization now known as Crosswinds opened an emergency youth shelter in 1974, providing safety, support, and a new beginning for children and teenagers in crisis and their families.

Crosswinds has grown over the years, adding a range of programs and services, while maintaining our original commitment to address some of the community's most urgent needs. Now, as we enter our 38<sup>th</sup> year, Crosswinds remains focused on our mission to help young people and their families overcome challenges and achieve success.



Board of Directors

# Board of Directors

2010-2011



Mitchell Goldman  
Chair



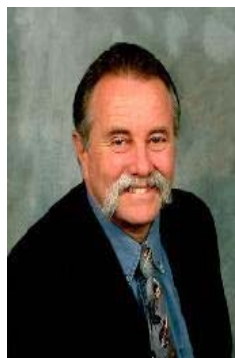
Nina Gadodia  
Vice Chair



Stockton Whitten  
Treasurer



Sheriff Jack Parker  
Secretary



Robert Lehton, Psy.D.  
Past Chair



Cynthia Handley  
Director



Shannon L. Wilson  
Director



Alison Malone  
Director



Samuel Bookhardt III  
Director



Martha Kirby  
Director



Summit Shah  
Director



Greg Crews  
Director



Maj. Andrew Walters  
Director



Charles Ian Nash  
Director



## Programs & Services

# Programs & Services

## The Robert E. Lehton Children's Shelter

Crosswinds' shelter offers 24/7 emergency residential care for children and teenagers who have run away, are homeless, waiting for foster homes, or otherwise in crisis. The shelter also provides counseling and other supportive services for youth and their families.

## Community Counseling

Counselors in this community-based program and in the Crosswinds Counseling Center work with young people and their families to find solutions to issues such as school performance, hard to manage behaviors at home or in the community, truancy, runaway behaviors, and family conflicts.

## Juvenile Assessment Center (JAC) Services

The JAC's principal goal is to ensure that all Brevard County youth referred to the program, including those who are arrested and those at risk of delinquency, receive a comprehensive assessment and services.

## Civil Citation

Civil Citation is an innovative alternative to arrest for youth with certain misdemeanor offenses that holds them accountable for their actions, while offering counseling and other timely services youth and their families need.

## Transitional Living Program (TLP)

The TLP is a comprehensive program offering housing and supportive services for homeless young people ages 16 through 21.

## Independent Living Services (ILS)

ILS assists youth who are aging out of foster care in making a successful transition to independent adulthood.

## Rainwater Center for Girls

The Rainwater Center is a day program and accredited school for girls ages 12 through 18 who are in the juvenile justice system.

## Brief Strategic Family Therapy (BSFT)

BSFT is an evidence-based program for youth on probation that works to improve family interactions and reduce delinquency.

## Street Outreach

A mobile outreach unit provides services to runaway, homeless, and at-risk youth on the streets of Brevard County.

## Paws on Reading

The program pairs youth with Crosswinds' certified therapy dogs to improve reading, communication, and relationship-building skills in a loving, safe environment.

## Project Safe Place

To get immediate help, young people can enter one of over 100 Brevard County community centers and businesses that are designated Safe Place sites.



Achieving Success

# Achieving Success

## Jennifer and Jessica

Sisters Jennifer and Jessica are both graduates of Crosswinds' Transitional Living Program. Both young women live on their own and attend Brevard Community College. Jessica currently works with autistic youth at a local school and is studying to be a teacher. She recently became engaged. While Jennifer was in the program, she received an Eckerd Family Foundation Scholarship and used it to start a residential and commercial cleaning business called "Squeaky Clean." Jennifer has recently purchased a home. She says the skills she learned at Crosswinds gave her the ability to not only dream of owning a home but also the tools needed to negotiate the purchase.

Both Jennifer and Jessica helped host Crosswinds' recent Sheriff's Fall Golf Classic Sponsor Appreciation Dinner.

## Rachel

Rachel came to the Transitional Living Program when she was 18 and in the first semester of her senior year in high school. Her guidance counselor contacted Crosswinds for help after Rachel had been living from couch to couch without a secure home since her mother died the year before.

Through her determination and hard work, and the help of Crosswinds, Rachel has achieved so much over the past year. Rachel not only excelled academically, but she also worked part-time and was active in school activities, including the

Robotics Team. Rachel is currently a student at the University of Central Florida. She lives on campus and her goal is to become an attorney. Although she just turned 19, she is considered a junior as she received both her high school diploma and her Associate Degree in May 2011, having been dual enrolled in community college during high school.

Rachel stated that Crosswinds has been the family she needed when she was confused and did not know where to turn.

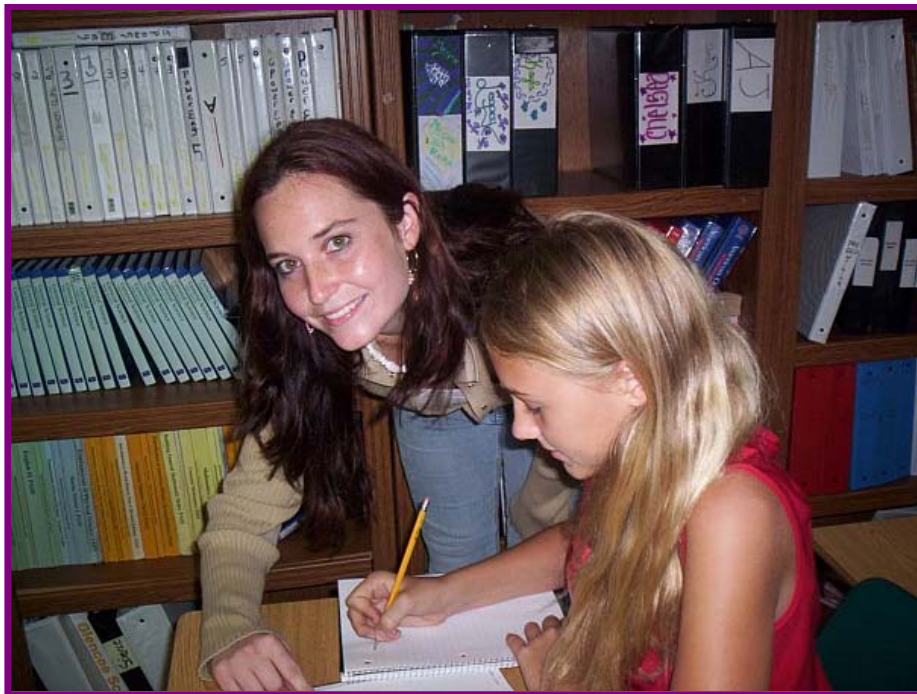
## William

William was court ordered to the Robert E. Lehton Children's Shelter for up to 90 days due to ungovernable behaviors at home. While he was in the shelter, he completed the requirements for Virtual School with high grades and consistently maintained his privileged status. William actively participated in group, individual, and family counseling. He was a good role model for the other youth and very helpful to the staff.

William stated in a recent interview, "if it wasn't for Crosswinds I would never have found my way back to the right path." Both he and his father agree that William made poor choices, which soon led to being expelled from school and having to go before a judge.

According to his dad, William is now doing extremely well, and he has Crosswinds to thank for that.

*Previous page photos (clockwise): 1) Jennifer and Jessica; 2) Rachel; 3) William and his father.*



## Awards & Recognition

# Awards & Recognition

## 2000-2011

Youth and Family Services Network National Lifetime Achievement Award, 2011 – Jan Lokay

COA Reaccreditation, April 2011

Substance Abuse and Mental Health Services Administration (SAMHSA) Award, 2010 –  
Brief Strategic Family Therapy (BSFT) Program

Juvenile Justice Teacher of the Year Region IV, 2010 – Janet Jacupke

Brevard County Board of County Commissioners Resolution, 2010 – Brevard Civil Citation Initiative,  
JAC Advisory Board

Florida Network of Youth and Family Services Outstanding Manager Award, 2009 – Karen Locke

Keep Brevard Beautiful and FLORIDA TODAY “Building a More Beautiful Brevard” Award for New Structure in  
Central Brevard, 2008 - Youth Learning & Assessment Center (The Handley Center)

Melbourne Chamber of Commerce Non-Profit of the Year Award, 2007

COA Accreditation, May 2007

Southeastern Network Mary Jane Dewey Award for Leadership, 2001 and 2007 – Jan Lokay

National Safe Place Award of Excellence, 2007 – Safe Place Program

National Safe Place Volunteer of the Year Award, 2006 – Kimberly Lindsey

Brevard County Sheriff's Office Citizen of the Year, 2005 – Jan Lokay

FLORIDA TODAY Organization of the Year, 2003

March of Dimes Jennifer Krug Young Women of Achievement Award, 2003 – Lauren Culver

National Network for Youth Agency of the Year Award, February 2003

(with recognition in U.S. House of Representatives; Resolution by Florida Governor and Cabinet; Resolution by  
Brevard County Board of County Commissioners)

Southeastern Network Model Program of the Year, 2002 – Rainwater Center for Girls

Keep Brevard Beautiful and FLORIDA TODAY “Building a More Beautiful Brevard” Award for New Structure in  
Central Brevard, 2002 – Robert E. Lehton Children's Shelter

Girl Scouts of Citrus Council Women of Distinction Award, 2002 – Board Member Shannon Wilson

Florida Network Manager of the Year, 2001 – Cass Scopino

Southeastern Network Outstanding Board Member of the Year, 2001 – Dr. Robert Lehton



Impact

# Impact

In 2010-2011, Crosswinds touched the lives of 5,954 young people and their families.

## Numbers Served

- Residential and Community Based Services: 2,636
- Outreach Services to Youth: 3,318

## Sample Outcomes

- 97% of youth receiving shelter services were reunited with their families or in another appropriate living arrangement upon exit from the shelter.
- 90% of families reported shelter services improved family functioning.
- 98% of families reported that Community Counseling enabled them to better solve their problems.
- 93% of the delinquent/high risk youth receiving comprehensive services from the Juvenile Assessment Center (JAC)/Civil Citation program had not re-offended six months after services were completed.
- 95% of families receiving comprehensive services from the Juvenile Assessment Center (JAC) reported that the referrals or service linkages made by the program were helpful to the youth and/or family.
- 96% of youth did not have a charge for one year after receiving Civil Citation services.
- 100% of formerly homeless youth in the Transitional Living Program were employed or in school at program completion.
- 100% of youth in the Crosswinds Independent Living Services program who are exiting foster care had a plan for stable housing upon turning 18 years of age.
- 100% of girls successfully completing the Rainwater Center program, a day treatment program for girls in the juvenile justice system, were not adjudicated for new violations one year after release.



## Special Events

# Special Events

## 13<sup>th</sup> Annual Great Brevard Duck Race

On April 10, 2011, rubber ducks once again took to the water in the Great Brevard Duck Race. This popular event, held as part of Titusville's Indian River Festival, has raised funds for Crosswinds' programs for the past 13 years.

This year's race was another success due to our exceptional sponsors, media partners, and many supporters who "adopted" ducks to benefit young people and their families.

The race would also not have been possible without the dedicated team of volunteers who gave of their time to tag ducks and help with the many other activities that made the race such a fun event.

## Brevard County Sheriff's Office Fall Golf Classic Tournament

On October 14, 2011, the Brevard County Sheriff's Office hosted its annual Fall Golf Classic benefiting Crosswinds. The tournament was played at the beautiful LaCita Golf Course in Titusville.

Since the tournament began in 2008, Communications International, Inc. has continued to be the Tournament's \$10,000 Platinum Sponsor. Together with generous citizens and businesses from throughout Brevard County, over \$75,000 in sponsorships were made for the 2011 tournament.

In gratitude of the tournament's sponsors, the Sheriff's Fall Golf Classic Sponsor Appreciation Dinner 2011 was hosted by Dr. Gopal and Nina Gadodia and Sheriff Jack Parker. The spectacular evening was held at the home of Dr. Gopal and Nina Gadodia.

*To all of Crosswinds' financial supporters, community partners, and volunteers –  
thank you.*

*Your exceptional generosity continues to help change young lives,  
one by one.*

*Previous page photos (clockwise):*

*1) (Left to right) Nina Gadodia, Crosswinds Board Vice Chair; Mitchell Goldman, Board Chair; Jessica Sink; and Jennifer Sink at Sheriff's Fall Golf Classic Sponsor Appreciation Dinner; 2) Just a few of our many 13<sup>th</sup> Annual Great Brevard Duck Race volunteers; 3) (Left to right) Jan Lokay, Crosswinds President/CEO; Sheriff Jack Parker; Bob Stork, CEO of Communications International, Inc.; Mitchell Goldman, Crosswinds Board Chair; and Mark Feurer, President of Communications International, Inc.*



## Financial Overview

# Financial Overview

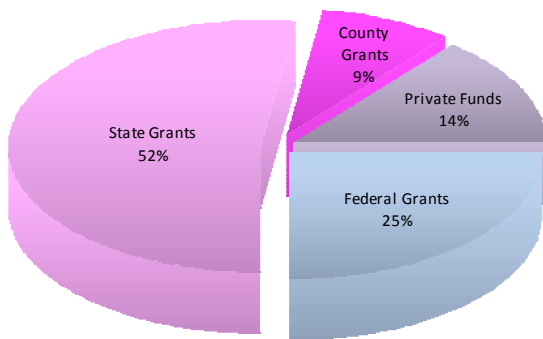
Support and Revenue **\$3,343,556**

Federal Grants	\$834,170
State Grants	\$1,746,965
County Grants	\$288,131
Private Funds	\$474,290

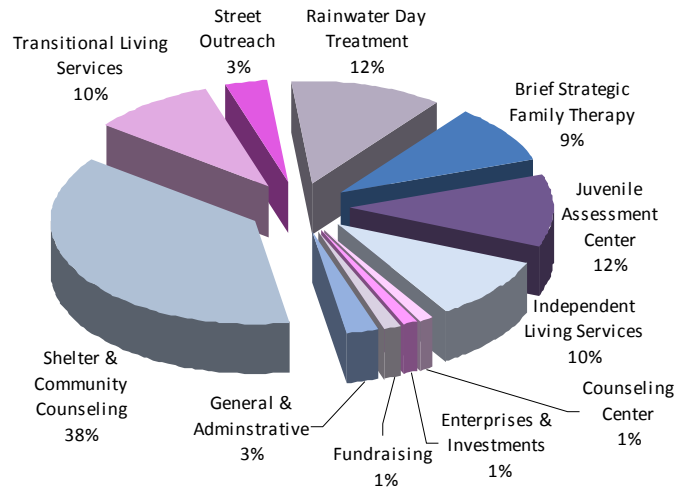
EXPENSES **\$3,461,517**

Shelter & Community Counseling	\$1,315,807
Transitional Living	\$340,952
Street Outreach	\$114,910
Rainwater Day Treatment	\$421,837
Brief Strategic Family Therapy	\$316,461
Juvenile Assessment Center/Civil Citation	\$394,290
Independent Living Services	\$350,488
Counseling Center	\$36,305
Enterprises & Investments	\$33,322
Fundraising	\$48,172
General & Administrative	\$88,973

Sources of Revenue



Expenses by Program



In 2010-2011 Crosswinds Youth Services received funding from the following sources:

Brevard County Board of County Commissioners • Brevard Family Partnership • Eckerd Family Foundation  
 Evidence-Based Associates • Family Services of Metro Orlando • Florida Department of Children and Families  
 Florida Department of Education • Florida Department of Juvenile Justice • Florida Network of Youth and  
 Family Services • School Board of Brevard County • Youth & Family Services Network • United Way of Brevard  
 U.S. Department of Health and Human Services • U.S. Department of Housing and Urban Development  
 and other caring businesses, organizations, and individuals.

# Juvenile Assessment Center



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## Juvenile Assessment Center Executive Board 2010-2011



Chairman Steve Mimbs  
Melbourne Police Chief



Vice Chairman Jeff Pearson  
Satellite Beach Police Chief



Secretary Jack King  
Melbourne Village Police Chief

The Juvenile Assessment Center (JAC) Advisory Board has been an invaluable partnership and a true collaborative team. Brevard County police chiefs, the Sheriff's Office, Office of the State Attorney, Brevard County, the Department of Juvenile Justice, Public Defender's Office, and the School District Public Safety Office are represented at quarterly JAC Advisory Board meetings held at Crosswinds.

The 2010-2011 Board, under the direction of Chairman Steve Mimbs, has provided guidance that has played a major role in the advancement of the JAC, as well as offered ongoing input on the needs of vulnerable youth from a law enforcement perspective.

Civil Citation of Brevard County is the direct result of the JAC Advisory Board's vision and leadership. Developed in response to the large number of youth being arrested for less serious, often first-time, misdemeanor offenses, Civil Citation holds youth accountable through a program of giving back to the community that is designed to foster responsibility and empathy for others. Youth and their families also receive timely, individualized services, such as family counseling.

Under the JAC Board's leadership, Civil Citation of Brevard County is now set to become a model for the state and beyond. Members of the JAC Board and Crosswinds staff regularly provide training on Civil Citation at regional and national conferences. Chief Mimbs and Crosswinds staff were recently invited to Delaware to speak to a group of stakeholders about the benefits of starting a Civil Citation program in their state. Several members of the JAC Board and staff have also been interviewed on television and other media about the program.

This strong collaboration has led to Civil Citation of Brevard County's success in getting young offenders back on track and keeping them from reoffending. It is this success that led Florida Department of Juvenile Justice Secretary Wansley Walters to call the Brevard County program a "shining example" of Civil Citation in the state.\*

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\*Wansley, Walters. (2011, November 17). Cutting youth crime. FLORIDA TODAY, p. 9A.





*Kelsey with Jasmine and Luke, Therapy Dogs of Crosswinds*



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